



These “Bite-sized” Training Program guides are designed to help Lifelites Volunteers and champions to train and support hospice staff on the use of the magical Lifelites equipment in small bite-sized chunks.

Introduction to the Nintendo Switch



1. Introduction – checking previous knowledge

Begin the session by checking if your trainees have used a Nintendo Switch or any of the more recent Nintendo gaming systems before.

2. Explain the benefits

The Nintendo Switch is a console that can either be plugged into a TV (to be displayed) or it can be used on the go. It has its own monitor which can act as a small display and also be used as a handheld gaming device. Because of its size and portability it is great for community teams to take accessible gaming into their work in the community. It can also be used with the Xbox adaptive controller to make it even more accessible or the controllers can be used for single player or multiplayer games.

3. Basic operation – Turning the Switch On

Start Up – Docked

1. Insert the screen into the docking station.
2. Turn on the Nintendo Switch – press the power button located on the top of the device.
3. Turn on the TV and select the HDMI port the Nintendo Switch is plugged into.
4. Remove the controllers from the docked screen (if you haven't before docking) by pressing the small buttons on the backs of the controllers and sliding them up. They can be slid into a game controller or used individually (slide on coverings with handles to secure them around the wrist).



Start Up – Handheld



1. Press the power button on the top of the Nintendo Switch
2. The screen will activate and you will be prompted to press the A button and then press it again 3 times to unlock the system.
3. The controllers can be attached for use as a handheld system or detached and the screen used as a small portable TV (a small stand flips out of the back fo it to stand)



4. Navigation

Explain how to use the Nintendo Switch controller to navigate around the system:

General controls - Every game will have different controls but here are the general settings



Navigating the Menus – Use the directional buttons/stick to move and the A button to select. To return to the main menu at any time press the Home Button

- **News** – How to guides on setup and use of the Nintendo Switch including trouble shooting issues. If you create a Nintendo account you can find/search other available channels.
- **eShop** – To access you will need to create a user account. This will allow you to download games and additional content for those games.
- **Album** – Screenshots and videos you have taken will appear here. If it's empty, it contains instructions on how to take screenshots and videos.
- **Controllers** - Information on how to use/change/ bond controllers with the Nintendo Switch
- **System Settings** - Allow you to connect to the internet, change settings, delete data, airplane mode, brightness etc.



- **Sleep Mode** - Put the device into sleep mode, still switched on but uses less power.

5. Navigate to a Game

To play a game you first need to insert the gaming card into the card reader on the top of the device. You then highlight the game on the main menu by using the directional buttons/stick and press A.

All games need to use the controllers to be played; some can be played by more than one person using the controllers provided or by adding more.

Refer to Switch Games guide for Instructions on how to play the games.

<https://www.lifelites.org/media/870418/Nintendo-switch-games-v3docx.pdf>

6. Xbox Adaptive Controller

Using the specialist dongle you can connect your Xbox Adaptive controller to the Nintendo Switch. Depending on the complexity of the game you may need multiple switches. The Guide for connecting the adaptive controller is here:

<https://www.lifelites.org/media/870415/Getting-Started-Guide-xbox-one-adaptive-controllerswitchv2.pdf>

7. Tips/Info

1. Games pop in and out like a memory card, a game card has to be inserted to play the corresponding game (unless it is a digital version downloaded from the Nintendo eShop).
2. You can increase the amount of storage the device has by inserting a micro SD memory card (located underneath the small stand that flips out on the back of the screen).
3. The screen can be used as a touch screen as well, you can make choices by pressing on the screen (some game may support this).
4. Basic instructions for use can be found on the box the Nintendo Switch comes in.
5. The Nintendo Switch charges by being put into the docking station and the docking station being plugged in and turned on.
6. Controllers DO NOT require batteries. Slide them onto the sides of the Switch screen when docked to charge them .

8. Close the system down

Press and hold the Home button, you then highlight sleep mode and press A